# Greenland Expedition 2023







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Exploring a fjord in Greenland is the challenge that 20 young mountaineers from the Montreux-Jaman sections of the Swiss Alpine Club have decided to take up. A project which was set up in early 2022 and which has been in everyone's head for a long time. It is in fact on a regular basis that they gather to learn, put into practice and exchange their knowledge about

mountaineering. So, in order to join forces and share their passion, the "Ojians" and accompanying guides have defined a precise goal: 3 weeks of climbing and mountaineering across the Atlantic in summer 2023. This team project is conceived for all ages and levels and includes regular physical and technical preparation.

#### The idea

The idea is to live about three weeks in total autonomy in the beautiful setting of a fjord in Greenland. A place where we will at first establish a base camp for the duration of our stay. This will allow us to explore the valley and its surroundings and identify potential climbing projects. Secondly, the objective will be to take

pleasure in ascending new routes adapted to all levels. It will also be an opportunity for participants to experience the everyday life in a base camp. Everyone will have the possibility to work in the kitchen, organise logistics and participate in various tasks essential for a properly functioning camp.

## The expedition

« New mountains, new challenges »

Our expedition will be organised as follows:

- Days 1-2: Travel: Train, Plane, Boat, Walk
- Day 3: Base camp: tents, kitchen, bathrooms, etc.
- Days 4-6: Exploration: Research of potential ascents
- Days 7-16: Climbing and Mountaineering: The Heart of the Expedition
- Days 17-19: return trip

#### Safety

- Mountain guides (Serge Thélin, Olivier Amiguet, Louis Jacques, Jérémie Gentizon)
- Jeunesse & Sport Instructors
- Trained and responsible members

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# The preparation

« To succeed, your desire for success must be greater than your fear of failure »

Such an adventure requires consistent practice both physically and technically, as well as in terms of organisation. The motto of our section is collaboration and learning from experience. groups in order to be more effective.

It is in this sense that we set up this project with the support from instructors and guides. The different tasks were divided into working

## **Our training**

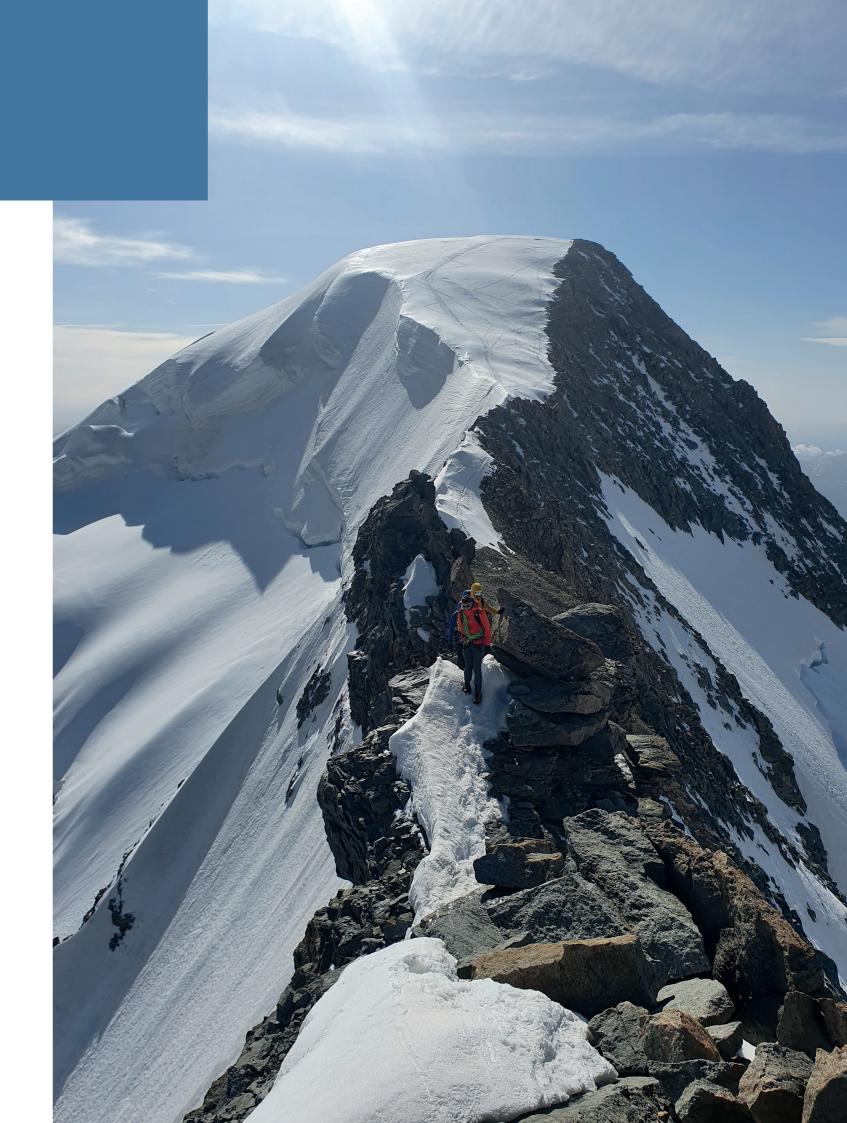
We all regularly participate in trips with the alpine club, which provides us with constant training. In addition, we have increased the frequency and level of this preparation to be ready for our challenge. In fact, we have set up a meeting every Friday evening during which we climb and improve our physical condition. It is also an opportunity to discuss about the

progress of our project and to keep a good team spirit. Additional day trips have also been added to the 26 of the original program. These mainly consist in ridge and traditional climbing. Finally, in the summer of 2022, a short camp will be organised in conditions similar to those of Greenland, that is to say in complete autonomy.

## **Our goal**

Our priority is not only technical prowess, but friends. In addition, it is important for us to take pleasure and the creation of a team spirit as a solid basis for this expedition. More than mountaineering partners, we are a group of carbon footprint.

into account the environmental consequences of such an expedition and to minimise our



# The team

« You don't change a winning team »

obviously has to be organised. We therefore divided the work into several groups, which makes up the entire team of participants, who

In order for the expedition to take place, it are supervised by a the guides (Jérémie, Louis, Serge or Olivier) and the instructors (Maud, Guillaume, Marius or Lorin).

## **Sponsoring**



This is the team behind the creation of this document. It is also responsible for contacting companies to gather the necessary budget and equipment. The members thus demonstrate versatility in carrying out this administrative work. This group consists of Clara, Lilia, Maëlle, Cyril, Antoine, Jason, Louis, Mattéo and is supervised by Guillaume as well Jérémie.

#### **Environment**



Their role is to find concrete solutions such as participation in events with an ecological purpose. This will be a way to "offset" our carbon footprint. This group is composed of: Valentine, Hannah, Mateo and Noé.

#### **Events**



They organise events (bake sales, setting up a bar at the Dent de Jaman) whose revenues will be used to partially finance our expedition. All us members will take turns participating in these events to present ourselves and our project. The group consists of: Elodie, Chloé, Raphaël and Lorin.

# Logistics



The organisation of the trip (transport, camp, supplies) is ensured by the logistics group. It consists of: Laureline, Aurélien, Alix and Noémy.

## Social media

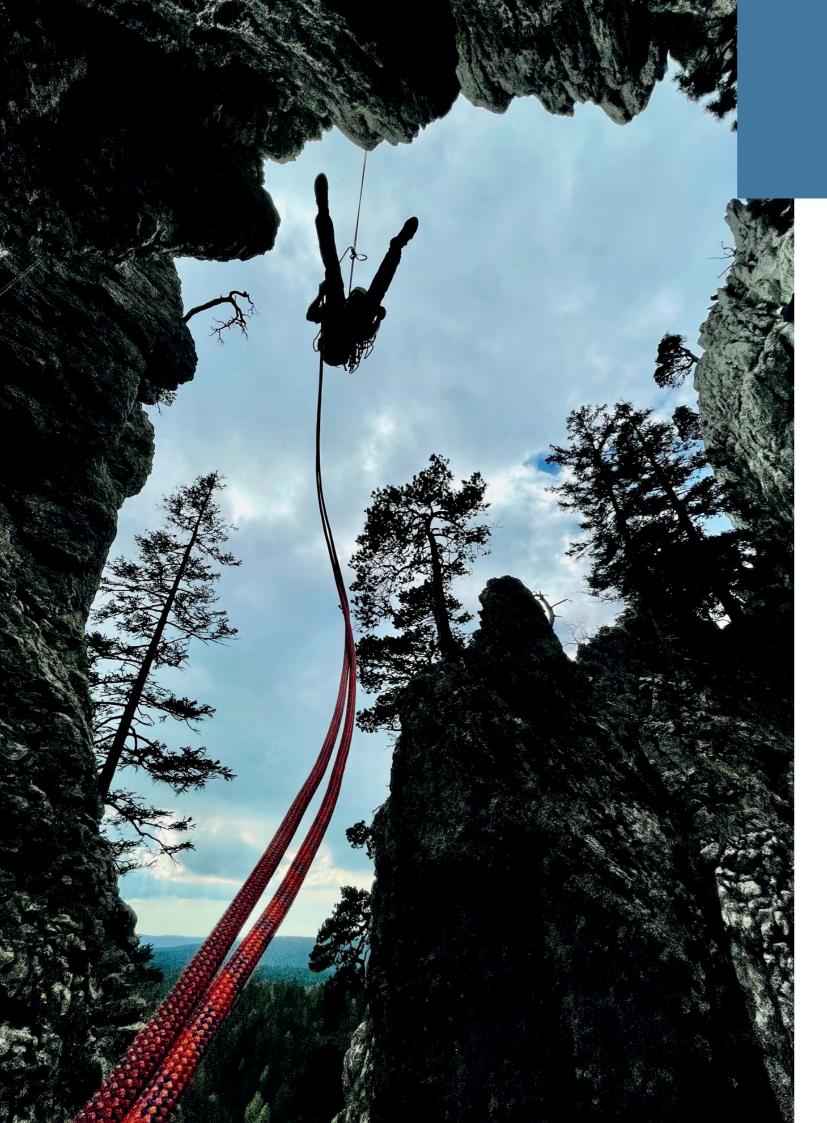


This group ensures our presence on social media as well as a follow-up of the progress of the project. Here are the participants: Nathan, Noah, Marius and Mathis.

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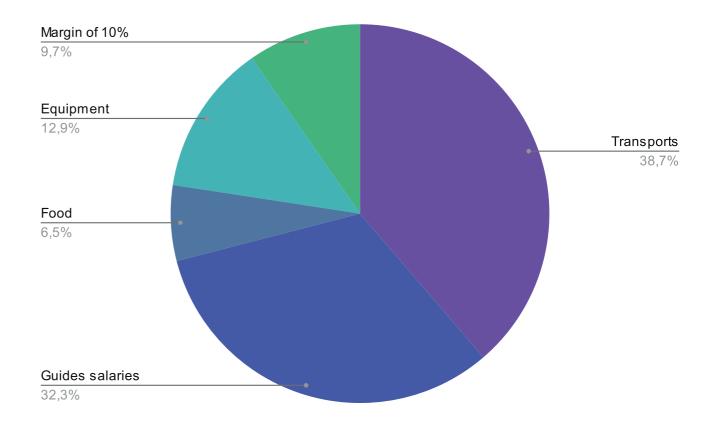


# Financing

« Day that brings us finance is a day of rejoice »

# **Budget**

The realisation of an expedition of this scale requires substantial funds. Both for transport and food, as well as for the guides salaries and the special material. Here is an estimate of the cost of this expedition:



Transport CHF 60'000.-

• Guides salaries CHF 50'000.-

Food CHF 10'000.-

• Equipment and other CHF 20'000.-

• Margin of 10% CHF 15'000.-

Total CHF 155'000.-

# Become our sponsor

You can support our project in several ways:

One of the first challenges of this expedition is its financing. Indeed, we are a team of young people, mostly students, and the budget required to carry out our project is considerable. That is why we are turning ourselves to you for

financial or equipment assistance. A gesture from your part would support a motivated and passionate youth who would greatly appreciate it. Even a little help will bring our team a little closer to Greenland!

#### Financial help, offer us:

· Food for one person for one day: 15 CHF

Food for one person for 10 days: 150 CHF

A day's salary for a guide: 400 CHF

Participation in the purchase of tents: 500 CHF

One plane ticket for one person: 2,000 CHF

· Any other amount is welcome!

#### Material sponsors, offer us:

- Gore-Tex jackets
- Tents
- All other equipment such as bags, jackets, ropes, electronic equipment, etc.

#### Want to support our project?

We thank you for this!

You can transfer money directly to our account or contact our supervisor Jérémie for more information. Note that our team is also available and motivated to present the project on site if desired.

### We will bring you:

- Social media exposure through our Instagram page and website.
- A film will be shown at the end of our trip, the name of your company may be displayed (donation more than 100.-)
- For businesses, your logo may also be printed on the group's clothing (donation more than 10,000.-)
- When we return, we will gladly offer you various anecdotes, photos and joy during an evening display of the film.
- Our eternal gratitude



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To contact us: expe-jeunesse@cas-mtx-jmn.ch



Follow us on Instagram and Facebook: @groenland2023



Support us: Section Montreux Club Alpin

1820 Montreux

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We thank you in advance for the support!



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